

Better Care Stronger Communities Outcomes

In 2019 we co-produced an outcomes framework with the voluntary sector which would support individuals to live well, remaining healthy, well and independent into our advancing years.

We have 3 broad aims under which we would like to procure services.

- **Living well and enjoying life** – supporting people to enjoy life and feel in control of making their own choices.
- **Preventing ill health and promoting self-care** - preventing ill health conditions from developing (mental and physical), managing risk factors or preventing existing health conditions deteriorating further. Supporting people to feel confident managing their own health conditions and self-caring.
- **Healthy Ageing and Independence** - helping people stay active and healthy as they age and providing support to ensure they remain independent as long as they want to.

There are 5 supporting principles that we believe promote the delivery of the aims above.

- **Wider support** - ensuring people have support with wider aspects of their lives in order to maintain their health and wellbeing.
- **Access** - supporting people to access the things and people they need to manage their health and enjoy their lives.
- **Knowledge** - increasing peoples knowledge of health, prevention or of available services/groups. Enabling them to find the right options and make confident, informed decisions
- **Right Service, right time** - using a proportionate service to meet peoples needs, prioritising self-care and those available through the community before the use of statutory services.
- **Crisis Support** - preventing situations deteriorating into a crisis or helping people through a crisis and back on to their feet when one occurs.

The aspirations of the fund are wide ranging, so an assessment has been completed to establish the commissioning priorities and outcomes that will be achieved from this funding. The table below sets out these principles.

<p>promoting self-care.</p> <p>Healthy ageing and independence</p>		<p>More People make use of their skills through accessing training, volunteering, education or employment</p> <p>More people are able to access social events/groups (both physically and digitally) to support their health and wellbeing.</p> <p>More people spend their time engaged in activities that are meaningful to them.</p>		<p>Carers Trauma counselling</p> <p>Befriending - Meaningful activities signposting</p>	<p>I can normally get to the social and leisure activities when I want to</p> <p>I can normally get to friends and family when I want</p> <p>I am confident accessing social groups via the internet/email. Strongly agree to strongly disagree.</p> <p>I've had the support I need to access social and leisure activities</p> <p>How much of an average week do you spend engaged in activity that is meaningful to you?</p> <p>None/hardly any A little A lot</p>
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